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MORTALITY FROM LUNG CANCER IN ASBESTOS WORKERS

BY

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Sixty-one cases of lung cancer have been recorded in persons with asbestosis (Boenke, 1953; Hueper, 1952) since Lynch and Smith (1935) reported the first case. In view of the infrequency of asbestosis, this large number of cases suggests—but does not prove—that lung cancer is an occupational hazard of asbestos workers. The strongest evidence that it may be a hazard has been produced by Merewether and by Gloyne. Merewether (1949) found that lung cancer was reported at necropsy in 13.2% of cases of asbestosis (31 out of 235) but in only 1.3% of cases of silicosis (91 out of 6,884) and Gloyne (1951), on personal examination, found lung cancer in 14.1% of necropsies on subjects with asbestosis (17 out of 121) against 6.9% in silicotics (55 out of 796). Neither author gave full details of the sex composition of the groups examined, but since women form a higher proportion of asbestos workers than of persons employed in occupations liable to give rise to silicosis (coal-miners, stonemasons, pottery workers, foundrymen, metal grinders) and since lung cancer is less common among women, the differences in the proportions of cancer cases cannot be accounted for by differences in sex distribution. In fact the proportions which are more properly comparable with the findings in silicotic subjects are the proportions of lung cancer found among men with asbestosis, 17.2% in Merewether's series and 19.6% in Gloyne's.

Animal experiments are inconclusive. A positive result was reported by Nordmann and Sorge (1941) who found that of 10 mice which had been exposed to asbestos dust and survived for 240 days, two developed lung carcinomas. Smith (1952), however, considers that one of the "carcinomas" was, in fact, an example of squamous metaplasia and that the other, an adenocarcinoma, may have developed spontaneously from the common mouse adenoma. A negative result has been reported by Vorwald and Karr (1938). The majority of workers (cited by

Hueper, 1952) consider that a causal relationship between asbestosis and lung cancer is either proved or is highly probable and the reality of the relationship was agreed at the recent International Symposium on the Epidemiology of Lung Cancer (Council of the International Organizations of Medical Sciences, 1953). A minority, however, remains sceptical (Cartier, 1952; Warren, 1948), and, according to Hueper (1952), Lanza and Vorwald, so that it was thought desirable to undertake a fresh investigation.

Necropsy Data

Since 1935, records have been collected of all the coroners' necropsies on persons known to have been employed at a large asbestos works.* Pathological diagnoses in 105 consecutive cases are summarized in Table 1. Details of the cases in

TABLE 1
CAUSES OF DEATH DIAGNOSED AT NECROPSY AMONG PERSONS EMPLOYED AT AN ASBESTOS WORKS (1935-52)

Cause of Death	Asbestosis Present	Asbestosis Absent	All Cases
"Heart failure"	34	11	45
Pulmonary tuberculosis	12	9	21
Lung cancer	15	3	18
Other diseases of the respiratory system	10	4	14
Other diseases	4	3	7
All causes	75	30	105

which lung cancer was found are shown in Table 2. During the first half of the period eight deaths occurred in which lung cancer was found in association with asbestosis, while in the second half of the period there were seven such cases and a further three in which lung cancer was found without asbestosis. The number of asbestos workers employed at the works increased steadily from 1914,

* Necropsies on asbestos workers are ordered by the coroner when, in his opinion, there may be a question of asbestosis being a contributory cause of death.

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TABLE 2
OCCUPATIONAL HISTORY AND NECROPSY DATA OF ASBESTOS WORKERS WITH PRIMARY LUNG CANCER

Year of Death	Sex and Age	Occupation	Period of Exposure	Years of Exposure	Years of Exposure before Jan. 1, 1933	Years from First Exposure to Death	Years from Last Exposure to Death	Pathological Report	
								Asbestos	Histological Type of Primary Lung Cancer
1935	M. 62	Weaver	1919-32	13	13	16	3	Present	"Carcinoma"
1935	M. 34	Weaver	1909-32	23	23	26	3	"	Epithelial carcinoma
1936	M. 65	Fiberizer	1913-36	23	19	23	Less than 1	"	Endothelioma of pleura
1938	M. 47	Weaver	1910-12 1920-27	19	14	28	1	"	"Carcinoma"
1939	M. 49	Disintegrator	1910-14 1919-39	24	17	29	Less than 1	"	"Carcinoma"
1940	M. 52	Disintegrator	1911-17 1919-21 1923-39	22	15	29	Less than 1	"	"Carcinoma"
1941	M. 52	Weaver	1913-19 1924-38	26	14	28	3	"	Oat-celled carcinoma
1942	M. 59	Bag carrier	1913-41	28	19	29	1	"	Oat-celled carcinoma
1948	M. 59	Weaver	1912-14 1918-48	32	16	36	Less than 1	"	Anaplastic carcinoma
1948	M. 53	Weaver	1922-35	13	10	26	13	"	"Carcinoma"
1948	M. 48	Spinner	1922-48	26	10	26	Less than 1	"	"Carcinoma"
1948	M. 65	Maintenance man	1919-48	29	13	29	Less than 1	"	Oat-celled carcinoma
1950	F. 51	Spinner	1915-42	27	17	35	8	"	"Carcinoma"
1951	M. 74	Fiberizer	1917-43	26	15	34	8	"	Adenocarcinoma
1951	M. 60	Weaver	1919-25 1929-50	27	9	22	1	"	"Carcinoma"
1944	M. 36	Weaver	1942-44	2	0	3	Less than 1	Absent	Oat-celled carcinoma
1951	M. 41	Fiberizer	1939-48	9	0	12	3	"	Anaplastic carcinoma
1952	M. 51	Weaver	1941 (3/12) 1943-52	7	0	11	Less than 1	"	"Carcinoma"

*Also pulmonary tuberculosis.

and a great increase in the number of lung cancer deaths was also recorded among the whole population of England and Wales over the same period. It might, therefore, have been anticipated that a larger number of cases in which the two conditions were associated would have been found in the last 10 years. National regulations for the control of asbestos dust were, however, introduced in 1931 (Asbestos Industry Regulations, 1931) and the precautions taken to prevent dust dissemination in the works had become effective by the end of the following year. All the subjects in whom the two diseases were found together had been employed for at least nine years under the old conditions, and although 11 of the 15 men and women died within 30 years of their first exposure, the association of the two conditions has not yet been found in any person taken into employment during the last 31 years (1923-53). It is, therefore, possible that the reason more cases were not found in the second half of the period is that reduced exposure to dust has already begun to lessen the incidence and severity of asbestosis.

Method of Estimation of Risk

Although the necropsy data shown in Tables 1 and 2 suggest (1) that some groups of asbestos workers have suffered an increased risk of lung cancer, and (2) that the risk may now have decreased, it is not possible to be certain of either of these propositions without a more detailed knowledge of the whole mortality experience of the workers. The first proposition has, therefore, been tested by comparing the mortality experienced by that section of the male employees of the works referred to above, who had worked for at least 20 years in "scheduled areas", with the mortality recorded for all men in England and Wales; and the second proposition by comparing the incidence of lung cancer among men employed for different periods under the pre-1933 conditions. The investigation was limited to the small group of men who had been employed for at least 20 years, since the labour involved in searching out the individual records of

* By "scheduled areas" is meant those areas where premises were carried on which were scheduled under the Asbestos Industry Regulations of 1931 as being dusty.

TABLE 4
CAUSES OF DEATH AMONG MALE ASBESTOS WORKERS
COMPARED WITH MORTALITY EXPERIENCE OF ALL
MEN IN ENGLAND AND WALES

Cause of Death	No. of Deaths		Test of Significance of Difference between Observed and Expected (Value of P)
	No. Observed	Expected on England and Wales Rates	
Lung cancer* with mention of asbestosis...	11	—	} <0.000001
without mention of asbestosis	0	0.2	
Other respiratory diseases (including pulmonary tuberculosis) and cardiovascular diseases: with mention of asbestosis...	14	7.6	} <0.001
without mention of asbestosis	6	—	
Neoplasms other than lung cancer	4	2.3	} >0.1
All other diseases†	4	4.7	
All causes	39	15.4	<0.000001

* Including one case with pulmonary tuberculosis.

† Including two cases (benign stricture of oesophagus and septicæmia) in which asbestosis was present but was not thought to have been a contributory cause of death.

an increased mortality from lung cancer, other respiratory diseases and cardiovascular diseases, in association with asbestosis, but that their mortality from other diseases was close to that expected.

Four explanations of the findings are possible:

- (1) that all the men who had died of lung cancer were recorded because of interest in the condition, but that some of the records of other men dying of other diseases or still alive were omitted, with consequent underestimation of the expected number of deaths;
- (2) that lung cancer was incorrectly and excessively diagnosed among the asbestos workers;
- (3) that lung cancer was insufficiently diagnosed among the general population of England and Wales; or
- (4) that the asbestos workers studied suffered an excess mortality from lung cancer.

It certainly cannot be claimed that the records of the Personnel Office were necessarily complete, but they were believed to be complete and no deficiency on this score would account for the total excess of deaths unless it were so gross that more than half the defined population had been omitted. Moreover, the number of deaths due to conditions unrelated to asbestosis was close to the estimated number and this is unlikely to have happened unless the population had been estimated approximately correctly and the deaths from all causes fully reported.

All the 11 deaths attributed to lung cancer were confirmed by necropsy and histological examination so that the excess number cannot be attributed to incorrect diagnosis among the group of asbestos workers. Some of the excess may well be due to an underestimation of the expected deaths since part of

the increase in mortality attributed to lung cancer over the past 30 years is certainly due to improvements in diagnosis and in therapy (DoE, 1933). Even, however, if it were postulated that the whole of the recorded increase between 1931 and 1951 was spurious and that the real mortality from the disease throughout was that ascribed to it in 1951, the expected number of deaths is increased to only 1.1 and the observed excess is still grossly significant. For the actual number of lung cancer cases to be so little in excess of the expected as to be reasonably attributable to chance, it would be necessary for the expected cases to be 6.2, that is 5.6 times the number estimated on 1951 rates. In other words, it would be necessary to postulate that in 1951 (and throughout the previous 20 years) there was 5.6 times as much cancer of the lung as was recognized in 1931, which would mean that the condition would have to have been present and capable of detection in over 20% of all men at death. Moreover, even if this were so, it would still not account for the fact that all the cases of lung cancer were found in association with asbestosis.

It is, therefore, concluded that the fourth explanation is the most reasonable one and that the asbestos workers who had worked for 20 or more years in the "scheduled areas" suffered a notably higher risk from lung cancer than the rest of the population.

To test if the risk has altered since the 1931 regulations were introduced, it is not only necessary to make allowance for duration of employment before the end of 1932, but also to allow for the men's ages and for the total durations of their employment in the "scheduled areas", since the men employed in the earlier periods can also have been employed longer and lived to be older. On the other hand, there is no need to consider the changing incidences of lung cancer in the total population of England and Wales since the non-industrial risk has been shown to be small in comparison with the industrial one. The data required for comparing the risks among men employed for under 10 years, for 10 to 14 years, and for 15 years and over in the pre-1933 conditions are shown in Table 5. The ages shown are the ages at death of the men who have died and the ages in mid-1953 for the men who are still alive. The expected numbers of men in each pre-1933 employment group found to have asbestosis or asbestosis and lung cancer are estimated by multiplying the numbers in each age, total employment, and pre-1933 employment subgroup by the proportions of men with asbestosis or with asbestosis and lung cancer in the same age and total employment group for all lengths of pre-1933 employment combined. For example, three out of the nine men aged 50 to 54 years who had

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TABLE 5

NUMBERS OF MEN EMPLOYED FOR DIFFERENT PERIODS BEFORE 1933 AND NUMBERS KNOWN TO HAVE ASBESTOSIS AND LUNG CANCER IN ASSOCIATION WITH ASBESTOSIS DIVIDED BY TOTAL DURATION OF EMPLOYMENT IN A SCHEDULED AREA AND BY AGE

Total Length of Employment in "Scheduled Area" (years)	Age at June 30, 1953, or at Death (years)	Length of Employment before January 1, 1933									All Lengths of Employment before January 1, 1933		
		0-9 Years			10-14 Years			15+ Years			No. of Men	No. of Men with Asbestos	No. of Men with Cancer of Lung
		No. of Men	No. of Men with Asbestos	No. of Men with Cancer of Lung	No. of Men	No. of Men with Asbestos	No. of Men with Cancer of Lung	No. of Men	No. of Men with Asbestos	No. of Men with Cancer of Lung			
20-24	35-	1	—	—	1	1	—	0	—	—	2	1	—
	40-	4	—	—	1	0	—	0	—	—	5	1	—
	45-	7	1	—	0	3	1	3	3	2	8	2	1
	50-	3	2	—	3	2	—	0	0	0	7	4	3
	55-	5	3	—	2	1	—	0	0	0	5	3	0
	60-	3	1	—	1	0	—	1	1	—	3	1	0
	65-	2	0	—	0	—	—	1	—	—	1	1	—
	70-	0	0	—	0	—	—	0	—	—	1	1	—
25-29	40-	3	—	—	0	—	—	0	—	—	3	0	—
	45-	10	2	—	0	0	1	0	—	—	12	3	1
	50-	6	1	1	0	4	0	3	3	1	6	6	0
	55-	6	—	—	8	1	0	1	1	0	15	4	1
	60-	3	—	—	1	1	—	0	0	1	7	4	1
	65-	1	—	—	1	—	—	1	0	0	2	1	0
	70-	0	—	—	0	—	—	1	1	—	1	0	1
	75-	0	—	—	0	—	—	1	0	—	1	0	—
30-34	45-	2	—	—	0	—	—	0	—	—	2	0	—
	50-	1	—	—	5	—	—	2	—	—	9	2	1
	55-	1	—	—	1	—	—	3	2	1	5	2	—
	60-	1	—	—	0	—	—	2	1	—	3	0	—
	70-	0	—	—	0	—	—	0	1	—	0	1	—
35+	55-	0	—	—	0	—	—	1	—	—	1	0	—
	60-	0	—	—	0	—	—	1	—	—	2	0	—
	65-	0	—	—	0	—	—	2	—	—	2	0	—
All lengths of employment in "scheduled area" (20 yrs. +)	35-	1	—	—	1	1	—	0	—	—	2	1	—
	40-	7	—	—	1	1	—	0	—	—	8	3	—
	45-	19	3	—	2	3	1	1	1	2	24	10	4
	50-	11	4	1	8	3	—	3	3	1	28	12	1
	55-	12	4	—	11	5	0	7	5	1	16	8	1
	60-	7	1	—	2	2	—	1	1	—	7	3	2
	65-	3	0	—	1	1	—	3	2	1	3	2	0
	70-	0	0	—	0	—	—	3	2	—	2	2	0
75-	1	—	—	0	—	—	1	1	—	1	0	—	
80-	0	—	—	0	—	—	1	0	—	1	0	—	
All ages		61	13	1	26	14	3	26	16	7	113	43	11

been employed for 20 to 24 years in the areas in which they might be exposed to asbestos dust were found to have asbestosis and lung cancer. Since three men had worked for under 10 years in the pre-1933 conditions, three had worked for 10 to 14 years, and three had worked for 15 or more years, the expected number of cases in each of the pre-1933 employment groups would have been the same, i.e., $3 \times 3/9$, or 1. In fact, the numbers of cases found were 0, 1, and 2. The total numbers expected in each pre-1933 employment group are obtained by adding the numbers calculated for each of the age and total employment groups within it. The results are as follows:

ficant (total asbestosis, $\chi^2 = 7.52$, $n = 2$, $P = 0.025$; asbestosis and lung cancer, $\chi^2 = 8.74$, $n = 2$, $P = 0.01^*$). They are highly so if the trend, that is,

	Length of Employment before January 1, 1933		
	Under 10 Years	10-14 Years	15 Years and Over
Total number of men with asbestosis	13	14	16
observed	21.9	10.3	10.8
expected	1	3	7
Number of men with asbestosis and lung cancer	3.5	2.4	3.1
observed			
expected			

* The expected numbers of lung cancer are small and the probability that the differences could arise by chance has consequently been somewhat, but not seriously, underestimated. If all men with more than 10 years pre-1933 employment are grouped together and Yates' correction made for small numbers, $\chi^2 = 5.82$, $n = 1$, $P = 0.02$.

the biologically important reduction in the proportion between observed and expected numbers as the length of pre-1933 employment is reduced, is also taken into consideration. It is clear, therefore, that the incidences both of asbestosis and of lung cancer associated with asbestosis have become progressively less as the number of years during which men were exposed to the pre-1933 conditions has decreased.

X
10X
100X
200X

The extent of the risk of lung cancer over the whole period among the men studied appears to have been of the order of 10 times that experienced by other men. This agrees well with the data reported by Mercwether (1949), but it is somewhat greater than that suggested by Gloyne's data (1951). The great reduction in the amount of dust produced in asbestos works during the period has been accompanied by a reduction in the incidence of lung cancer among the workmen so that the risk before 1933 is likely to have been considerably greater—perhaps 20 times the general risk. Whether the specific industrial risk of lung cancer has yet been completely eliminated cannot be determined with certainty; the number of men at risk, who have been exposed to the new conditions only and who have been employed for a sufficient length of time, is at present too small for confidence to be placed in their experience. It is clear, however, that the risk has for some time been greatly reduced. The extent of the reduction is particularly striking when it is recalled that between 1933 and 1953 the incidence of the disease among men in the country at large has increased sixfold.

Summary

The cause of death, as determined at necropsy, is reported for 105 persons who had been employed at one asbestos works. Lung cancer was found in 18 instances, 15 times in association with asbestosis. All the subjects in whom both conditions were found had started employment in the industry before 1923 and had worked in the industry at least nine years before the regulations for the control of dust had become effective.

One hundred and thirteen men who had worked for at least 20 years in places where they were to be exposed to asbestos dust were followed up. The mortality among them compared with that which would have been expected on the basis of the mortality experience of the whole male population. Thirty-nine deaths occurred in the group where 15.4 were expected. The excess was entirely due to excess deaths from lung cancer (11.4 against 0.8 expected) and from other respiratory and cardiovascular diseases (22 against 9.6 expected). All the cases of lung cancer were confirmed histologically and all were associated with the presence of asbestosis.

From the data it can be concluded that lung cancer was a specific industrial hazard of certain asbestos workers and that the average risk among men employed for 20 or more years has been of the order of 10 times that experienced by the general population. The risk has become progressively less as the duration of employment under the old dusty conditions has decreased.

I would like to offer my thanks to the management of the firm concerned for permission to carry out this study and to the Medical Officer and members of the staff of the works where the men were employed, who carried out the greater part of the work on which this report is based.

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